

Egypt Freezes Aussie Meat

Egypt has found growth hormone implants in the ears of Australian beef shipped to that country, and has halted the slaughtering of 16,000 cattle until it finds out how many are affected. Many Australian cattle have these implants in their ears to speed growth.

More countries are joining the ban on hormones in beef for health reasons, but it is still allowed in OZ and to be found in nearly half of our animals. If you want to avoid artificial hormones entering your body with your steak you should consider buying from Coles or another supplier who sells only hormone free beef.

The danger is that some Australian beef contains synthetic steroid hormones, mostly female, as well as other growth participating chemicals which have been shown to provide an increased cancer risk. The European Union has banned these hormones, as have many other countries.

You will have noticed the visible effects of these additives in the increasing incidence of 'man boobs', but it is the cancer risk that worries most people, and we should avoid that risk.

1 Corinthians 3:16-17, 'Don't you know that you yourselves are God's temple and that God's Spirit lives in you? If anyone destroys God's temple, God will destroy him; for God's temple is sacred, and you are that temple. '

You are what you eat!